

Patient Name: _____	Date of Birth: _____
Date of Exam: _____	Physician: _____

List of your Providers and Suppliers – (RFV)

PCP: _____
 Cardiology: _____
 Gastroenterology: _____
 Ophthalmology: _____
 Pharmacy: _____
 Durable Medical Equipment: _____
 Any other Provider: _____

History - Health Maintenance

When was your last colorectal cancer screening? _____
 Kind of test done: Colonoscopy _____ Sigmoidoscopy _____ Fecal test _____

When was your last bone density study (Dexa scan)? _____
 When was your last Annual Physical Examination? _____
 When was your last eye examination? _____
 When was your last dental checkup? _____

Women only:

When was your last mammogram? _____
 When was your last Pap smear? _____
 LMP: _____
 Pertinent History: Postmenopausal ___ Menopause ___ Hysterectomy ___

Men Only:

When was your last digital rectal exam? _____
 When was your last PSA blood test? _____

History – Social – Safety

Do you use seat belts? Always: ___ Sometimes: ___ Never: ___
 Do you use sunscreen? Always: ___ Sometimes: ___ Never: ___

History - Social – Drugs/Alcohol/Tobacco/Caffeine

Do you drink Alcohol? _____ If yes, how often? _____ How many per day? _____
 Caffeine intake (How many per day): Coffee _____ Tea _____ Energy Drinks _____ Sodas _____
 Do you use illicit drugs? _____ If yes, what drugs? _____ How Often? _____
 Do you smoke? _____ If yes, for how long? _____ If you quit, when? _____
 # of Cigarettes per day? _____ Pipe? _____ Cigar? _____

Immunizations – Historical

Date of last flu shot? _____ Where? _____
 Date of last Zoster vaccine (for Shingles)? _____ Where? _____
 Date of last Hep B vaccine? _____ Where? _____
 Date of last Pneumonia vaccine? _____ Where? _____

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Functional Assessment (Results)

Cognition	Ambulation	Hearing	Speech	Vision
<input type="checkbox"/> Excellent <input type="checkbox"/> Diminished <input type="checkbox"/> Dementia <input type="checkbox"/> Alzheimer's <input type="checkbox"/> Parkinson <input type="checkbox"/> Alert <input type="checkbox"/> Oriented <input type="checkbox"/> Other: _____	<input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Another Person <input type="checkbox"/> Scooter <input type="checkbox"/> Wheelchair <input type="checkbox"/> Walker <input type="checkbox"/> Cane <input type="checkbox"/> Amputation- R/L <input type="checkbox"/> Prosthetics	<input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Poor <input type="checkbox"/> Hearing aid/device <input type="checkbox"/> Deaf	<input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Poor <input type="checkbox"/> Post-Stroke <input type="checkbox"/> Stutter <input type="checkbox"/> Mute <input type="checkbox"/> Slurred <input type="checkbox"/> Normal	<input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Poor <input type="checkbox"/> Glasses/contacts <input type="checkbox"/> Blind <input type="checkbox"/> Cataracts <input type="checkbox"/> Glaucoma <input type="checkbox"/> Macular Degeneration <input type="checkbox"/> DM Retinopathy

Activities of Daily Living (Results)

- Do you need help with grooming? Yes No
 Do you need help with dressing? Yes No
 Do you need help with toilet use? Yes No
 Continent (bowel and/or bladder)? Yes No
 Is bladder control a problem for you? Yes No
 Do you need help with housework? Yes No
 Do you need help with shopping? Yes No
 Do you need help with preparing meals? Yes No
 Do you need help with feeding? Yes No
 Do you need help with walking? Yes No
 Do you need help bathing? Yes No
 Do you need help transferring (in and out of chairs)? Yes No
 Does your physical health interfere with your daily activities? Yes No

Advanced Care Planning (Results)

- Patient has advanced directives: Yes No
 Patient has living will: Yes No
 Patient has surrogate decision maker/letter: Yes No
 Have you provided a copy to our office: Yes No

Pain Screening - level of pain patient is in on a daily basis. (Vitals & Results)

0.....1.....2.....3.....4.....5.....6.....7.....8.....9.....10 Location of pain: _____

No pain Moderate Extreme Chronic Pain Yes No

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Mental Health Screening- PHQ9 – (Results)

Over the last two weeks, how often have you been bothered by any of the following problems:

	Not at all	Several Days	More than 1/2 days	Everyday
Little interest or pleasure in doing things?	0	1	2	3
Feeling down, depressed, or hopeless?	0	1	2	3
Trouble falling or staying asleep, or sleeping too much?	0	1	2	3
Feeling tired or having little energy?	0	1	2	3
Poor appetite or overeating?	0	1	2	3
Feeling bad about yourself?	0	1	2	3
Trouble concentrating on things?	0	1	2	3
Moving or speaking so slowly so other people could have noticed?	0	1	2	3
Thoughts that you would be better off dead or hurting yourself?	0	1	2	3

Assistant to fill in total) Total Score _____

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult Somewhat difficult Very difficult Extremely difficult

Fall Risk Screening – (Results)

- Are you 65 Years or older? Yes No
- Have you fallen within the last 3 months? Yes No
- Are you unsteady on your feet or have a general weakness? Yes No
- Are you taking any medications that cause fatigue or dizziness? Yes No
- Have you had a stroke in the past? Yes No
- Do you have a progressive neurological disease? Yes No
- Do you have diabetes? Yes No
- Do you have neuropathy, arthritis or joint disease of the lower extremities? Yes No
- Do you have visual disturbances? Yes No
- Do you have fatigue, dizziness or declined agility? Yes No
- Do you have a fear of falling? Yes No
- Do you have painful feet? Yes No
- Do you have to rush to get to the bathroom in time? Yes No

To be completed by physician:

- Low risk for falls
- High risk for falls